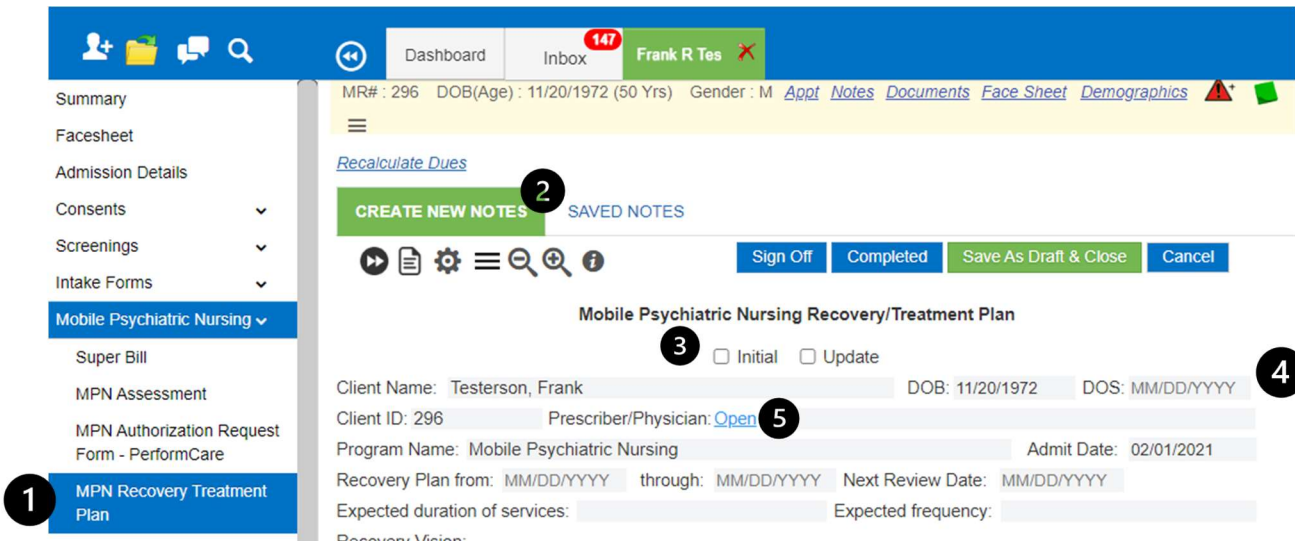


MPN Recovery Treatment Plan Process

Starting the Document

1. Open client chart, locate and then click on MPN Recovery Treatment Plan
2. Click on 'Create New Note'
3. Click either the 'initial' or 'update' box, depending on which it is.
4. Enter DOS



MR#: 296 DOB(Age): 11/20/1972 (50 Yrs) Gender: M [Appt](#) [Notes](#) [Documents](#) [Face Sheet](#) [Demographics](#)

CREATE NEW NOTES **SAVED NOTES**

Mobile Psychiatric Nursing Recovery/Treatment Plan

☐ Initial ☐ Update

Client Name: Testerson, Frank DOB: 11/20/1972 DOS: MM/DD/YYYY

Client ID: 296 Prescriber/Physician: [Open](#)

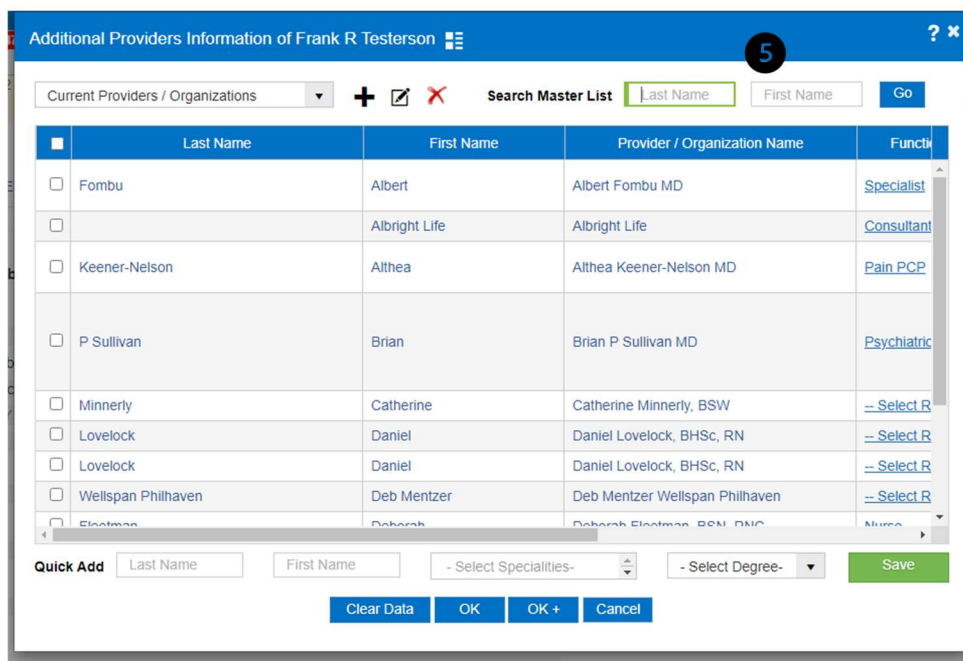
Program Name: Mobile Psychiatric Nursing Admit Date: 02/01/2021

Recovery Plan from: MM/DD/YYYY through: MM/DD/YYYY Next Review Date: MM/DD/YYYY

Expected duration of services: Expected frequency:

Recovery Vision:

5. Enter the Prescriber/Physician by clicking on the blue 'Open'. This will open the following widow. If the Prescriber/Physician you are looking for is not listed, search the Master List. Click 'OK' once done.



Additional Providers Information of Frank R Testerson

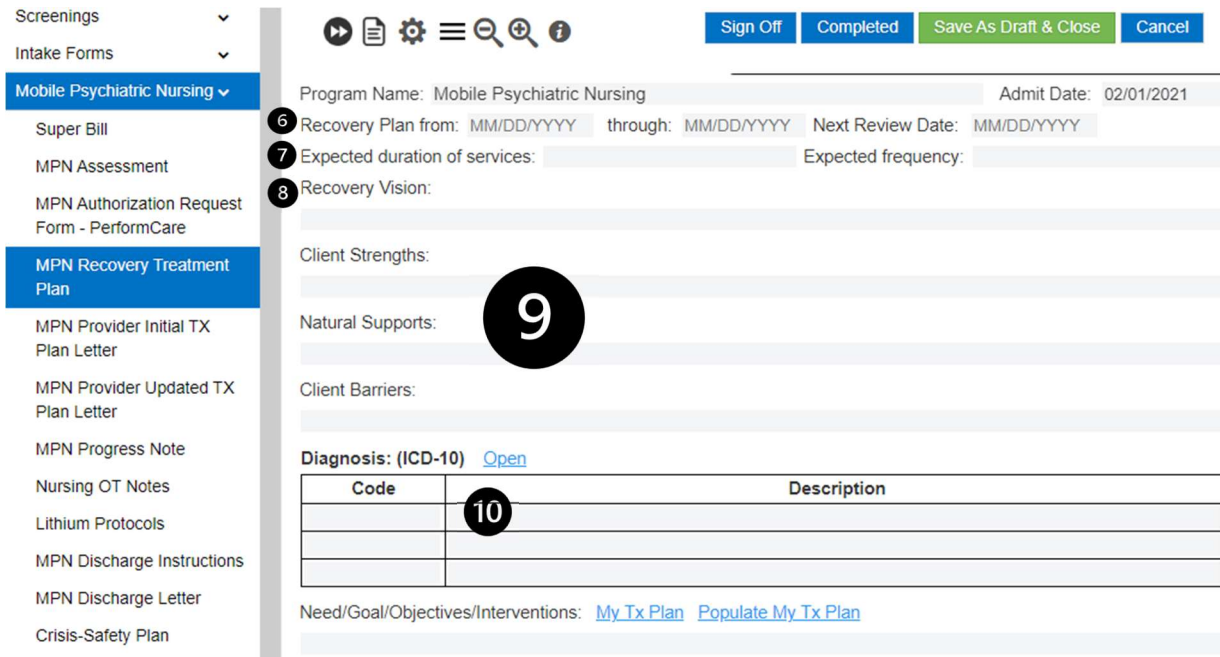
Current Providers / Organizations + - Search Master List Last Name First Name Go

	Last Name	First Name	Provider / Organization Name	Function
<input type="checkbox"/>	Fombu	Albert	Albert Fombu MD	Specialist
<input type="checkbox"/>		Albright Life	Albright Life	Consultant
<input type="checkbox"/>	Keener-Nelson	Althea	Althea Keener-Nelson MD	Pain PCP
<input type="checkbox"/>	P Sullivan	Brian	Brian P Sullivan MD	Psychiatric
<input type="checkbox"/>	Minnerly	Catherine	Catherine Minnerly, BSW	-- Select R
<input type="checkbox"/>	Lovelock	Daniel	Daniel Lovelock, BHSc, RN	-- Select R
<input type="checkbox"/>	Lovelock	Daniel	Daniel Lovelock, BHSc, RN	-- Select R
<input type="checkbox"/>	Wellspan Philhaven	Deb Mentzer	Deb Mentzer Wellspan Philhaven	-- Select R
<input type="checkbox"/>	Electman	Deborah	Deborah Electman, BSN, DMC	Nurse

Quick Add Last Name First Name - Select Specialties- - Select Degree- Save

Clear Data OK OK + Cancel

6. Enter Recovery Plan from date. This will auto populate a date in the 'through', as well as the 'next review 'date'.
7. Fill in 'Expected duration of services' and 'Expected frequency'.
8. Fill in 'Recovery Vision'. Try to use client's own words and place them in quotes.
9. Enter 'Client Strengths', 'Natural Supports' by using relationship and name, (i.e. sister 'Amy') , and 'Client Barriers'. Use words, not sentences. (i.e. Nonreality based thoughts, illness, anxiety)



Screenings ▾

Intake Forms ▾

Mobile Psychiatric Nursing ▾

Super Bill

MPN Assessment

MPN Authorization Request Form - PerformCare

MPN Recovery Treatment Plan

MPN Provider Initial TX Plan Letter

MPN Provider Updated TX Plan Letter

MPN Progress Note

Nursing OT Notes

Lithium Protocols

MPN Discharge Instructions

MPN Discharge Letter

Crisis-Safety Plan

Program Name: Mobile Psychiatric Nursing Admit Date: 02/01/2021

6 Recovery Plan from: MM/DD/YYYY through: MM/DD/YYYY Next Review Date: MM/DD/YYYY

7 Expected duration of services: Expected frequency:

8 Recovery Vision:

Client Strengths:

9 Natural Supports:

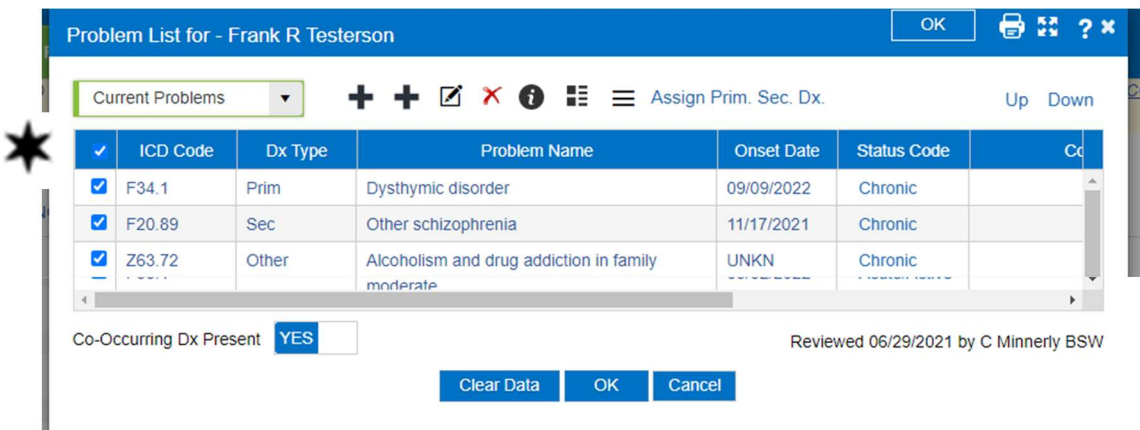
Client Barriers:

Diagnosis: (ICD-10) [Open](#)

Code	Description
10	

Need/Goal/Objectives/Interventions: [My Tx Plan](#) [Populate My Tx Plan](#)

10. Enter the Diagnosis by clicking on the blue 'Open'. The following 'Problem List' window will open. All Diagnoses for the client will appear. ★ Please un-click all and then re-click the ICD Code as given on referral form.



Problem List for - Frank R Testerson

OK

Current Problems

+ + ✎ ✕ i ≡ Assign Prim. Sec. Dx. Up Down

✓	ICD Code	Dx Type	Problem Name	Onset Date	Status Code	Co
✓	F34.1	Prim	Dysthymic disorder	09/09/2022	Chronic	
✓	F20.89	Sec	Other schizophrenia	11/17/2021	Chronic	
✓	Z63.72	Other	Alcoholism and drug addiction in family moderate	UNKN	Chronic	

Co-Occurring Dx Present ☒ YES

Reviewed 06/29/2021 by C Minnerly BSW

Clear Data OK Cancel

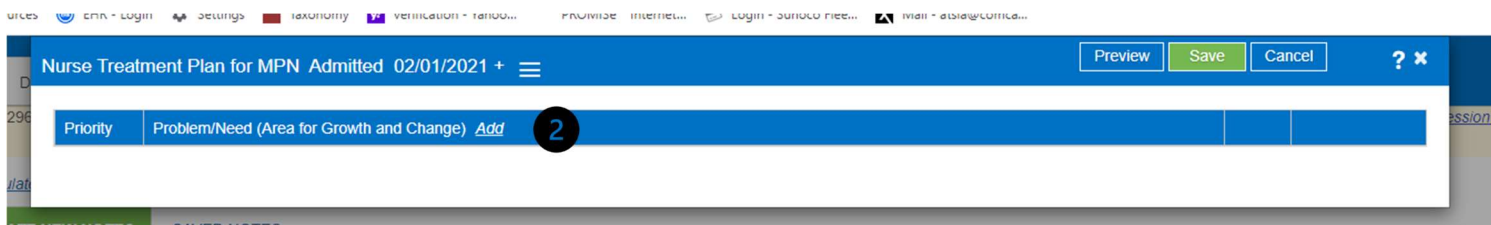
Need/Goal/Objectives/Interventions

1. Begin by clicking on 'My Tx Plan'.

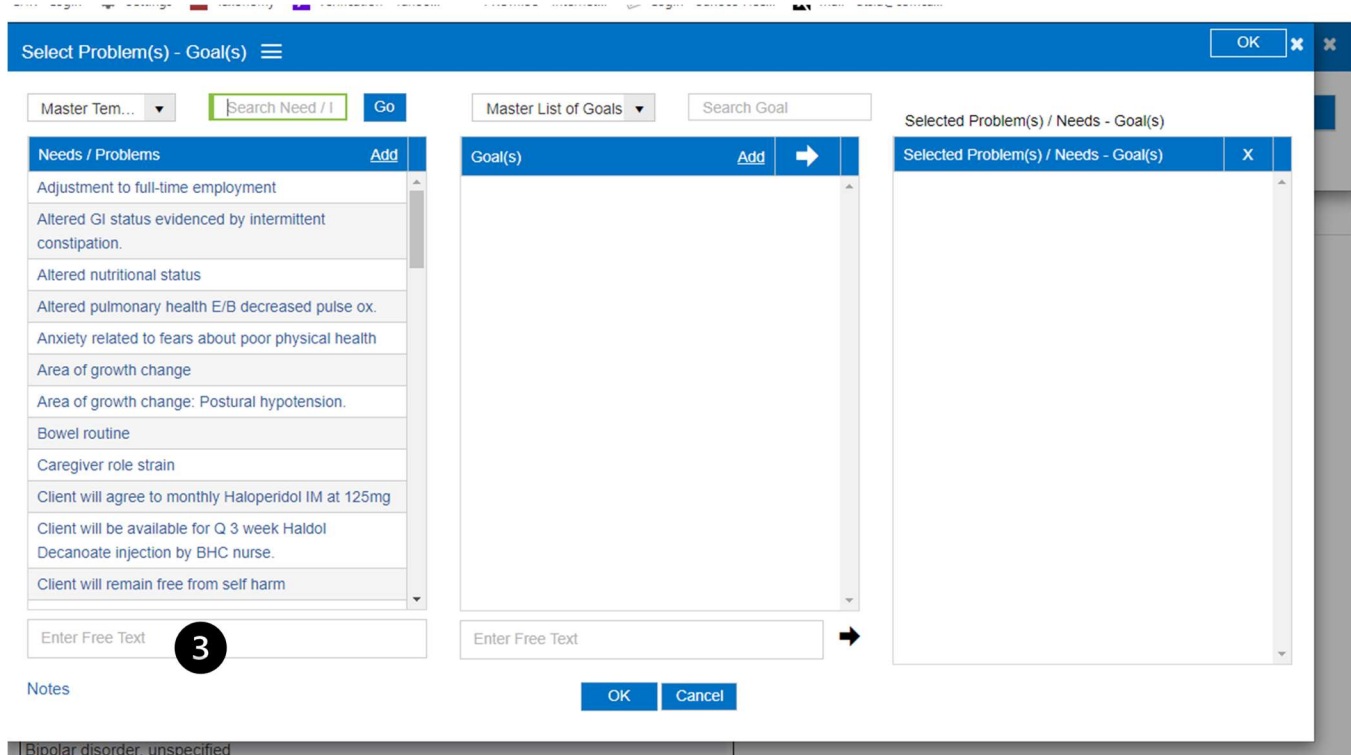
Need/Goal/Objectives/Interventions: [My Tx Plan](#) [Populate My Tx Plan](#)

1

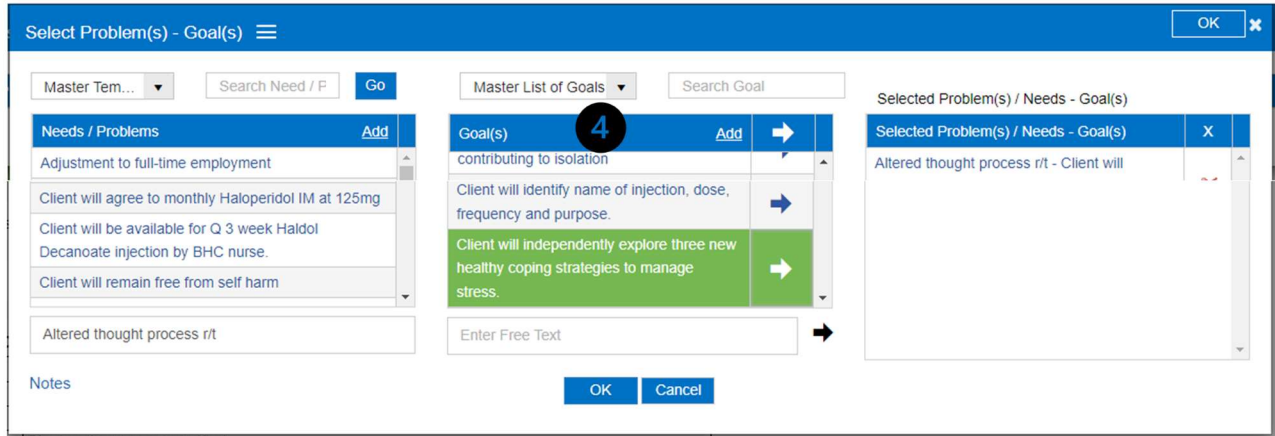
2. The following window will open. This is the **Problem/Need** or area for growth and change. This is your nursing diagnosis. Click on 'Add'.



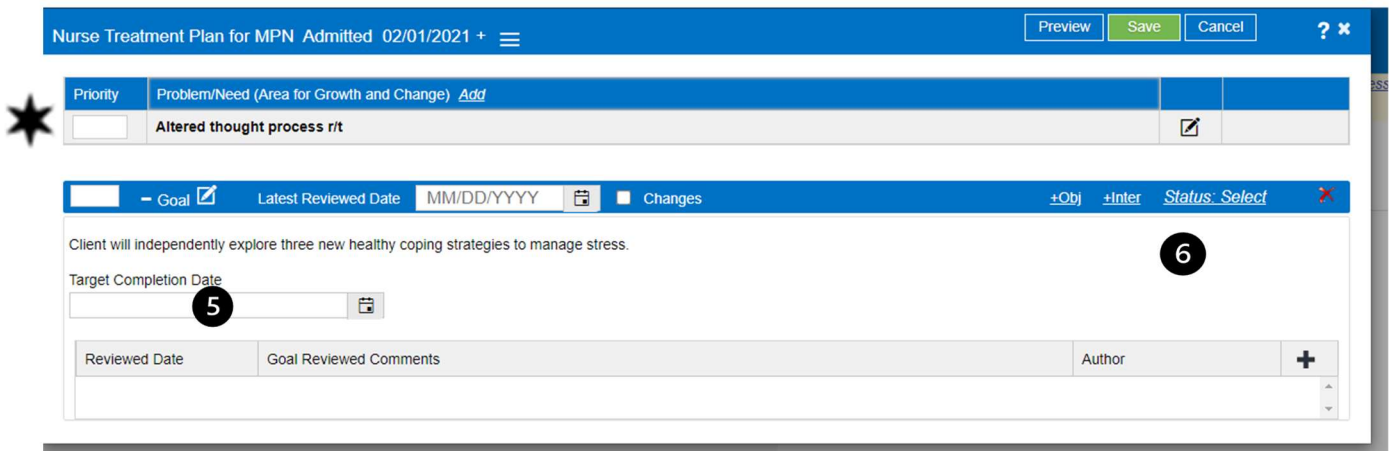
3. The following window will open. Enter your nursing diagnosis into the free text box under 'Needs/Problems'. e.g. "Altered thought process r/t," "Ineffective individual coping r/t," "Sleep pattern disturbance."



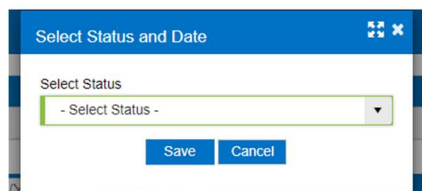
4. **Goals:** A goal is what the client will achieve as related to the Problem/Need (Nursing Diagnosis). You may choose from the list or enter a free text. If you choose from the list, it will most likely start with 'The client'. You will need to remove this and enter their name later on in the process. You will be prompted further on in these instructions when and how to do this. Click the arrows to move it to the third column and select 'ok'.



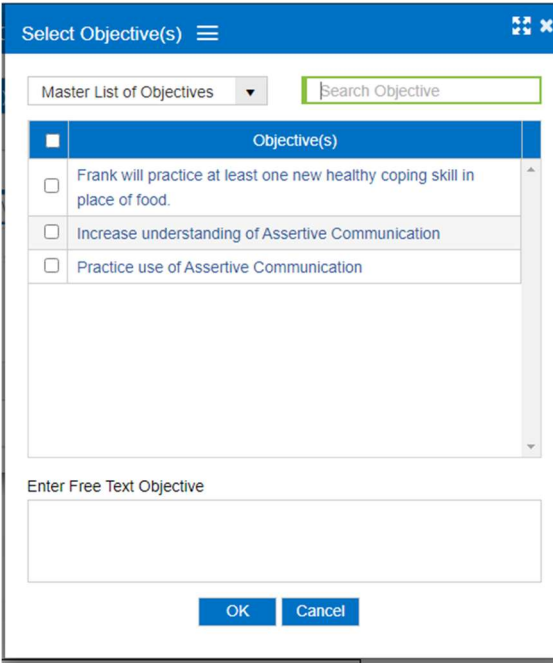
5. The following window will open once you click 'ok' above. Enter the 'Target Completion Date', which should be 6 months from today. ★ Mark this as Priority 1. EHR will automatically number your goal.



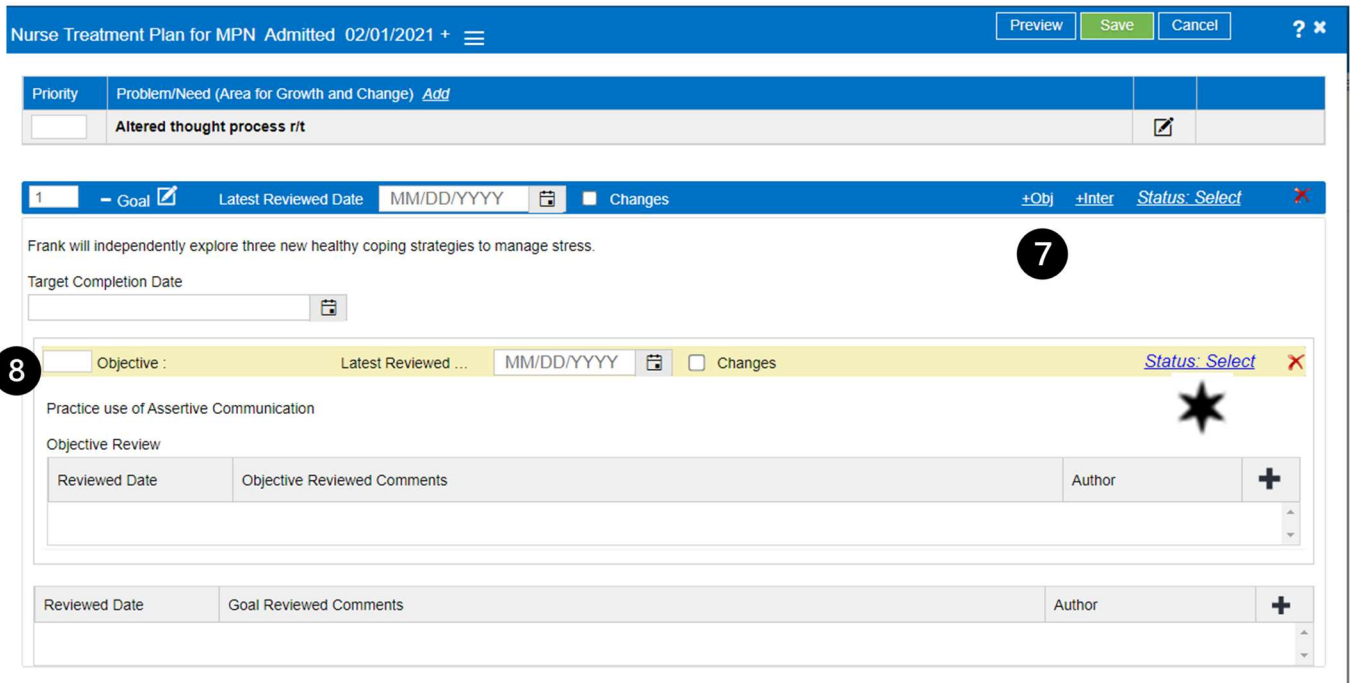
6. Select 'Status: Select'. Choose 'New' if initial treatment plan; 'Active' if addressed at time of visit; 'Deferred' if not addressed at visit; 'Revised' if doing a new treatment plan.




7. **Objective:** *This is what the client will do.* e.g.(Frank will experience a decreased level of anxiety, Frank will verbalize symptoms of anxiety). **This must be measurable.** Click on '+Obj'. The following window will open.




8. You may select a listed Objective or Enter free text. Click 'ok'. Once you've clicked 'ok' the following window will open. Continue to add objectives by repeating the above steps. Once you have created all objectives, number them. ★ Make sure to enter the 'Status-Select' for each Objective.




9. Make sure to remove the word 'client' and replace it with the client's name. You can do this by using the icon. 

10. **Interventions:** *This is what the nurse will do.* A list of Interventions will open. Select or enter free text. Click ok.


Nurse Treatment Plan for MPN Admitted 02/01/2021 + Preview Save Cancel ? x


Priority	Problem/Need (Area for Growth and Change) Add	
	Altered thought process r/t	

- Goal 	Latest Reviewed Date	MM/DD/YYYY	Changes	+Obj	+Inter	Status Select	x
Client will independently explore three new healthy coping strategies to manage stress. <div style="position: absolute; top: 0; right: 0; border: 1px solid black; border-radius: 50%; width: 30px; height: 30px; text-align: center; line-height: 30px; font-weight: bold;">10</div>							
Target Completion Date <input type="text"/>							
Reviewed Date	Goal Reviewed Comments				Author	+	

11. Interventions should always begin with "Nurse will." ★ This can be added by clicking in the narrative box. You can add as many interventions as needed. Then add frequency and choose Applicable/Not applicable.

Target Com... ☐ 30 D ☐ 60 D ☐ 90 D

10/23/2023 

1 Objective :	Latest Reviewed ...	MM/DD/YYYY	Changes	Status: New (05/23/2023)		x
Jane will be agreeable to mo. injections.						
Objective Review						
Reviewed Date	Objective Reviewed Comments				Author	+

Interventions :	Latest Reviewed Date	MM/DD/YYYY	Changes
Interventions			
Nurse will provide education on mindfulness.	q visit	Applicable/ Not Applicable	Applicable
Reviewed Date	Goal Reviewed Comments		Author

12. Once you have all of the Needs, Goals, Objectives, and Interventions entered as explained above.

★ Click on 'Preview' - Review and make revisions as necessary. Then click 'Save'.

Nurse Treatment Plan for MPN Admitted 05/11/2023 Preview Save Cancel ? x

Priority Problem/Need (Area for Growth and Change) Add ★

Altered nutritional status

1 - Goal ☐ Latest Reviewed Date MM/DD/YYYY ☐ Changes +Obj +Inter Status: New (05/23/2023) x

Jane will attend all scheduled injection appointments with BHC nurse

Target Com... ☐ 30 D ☐ 60 D ☐ 90 D

10/23/2023 ☐

1 Objective : Latest Reviewed ... MM/DD/YYYY ☐ Changes Status: New (05/23/2023) x

Jane will be agreeable to mo. injections.

Objective Review

Reviewed Date	Objective Reviewed Comments	Author	+

Interventions : Latest Reviewed Date MM/DD/YYYY ☐ Changes

Interventions	Freq.	Applicable/ Not Applicable
Nurse will provide education on mindfulness.	q visit	Applicable

Reviewed Date	Goal Reviewed Comments	Author	+

13. This will take you back to the Treatment Plan. Click 'Populate My Tx Plan'

Need/Goal/Objectives/Interventions: [My Tx Plan](#) [Populate My Tx Plan](#)

14. It will open a window, as seen below. Search for your Treatment Plan by date, 'Program Name', 'Program Start Date' or 'Tx Plan Created By'. Once you locate the correct one, select the row.

Select Treatment Plan x x							
Organization Admission No <input type="text"/>		<input type="text"/> Search Tx. Plan Created By <input type="button" value="Go"/>					
Program Name	Status	Program Start Date	Program End Date	Problems / Needs / Symptoms	1st Created Date	Last Updated Date	Tx. Plan Created By
Mobile Psychiatric Nursing	Admitted	02/01/2021		Improved and Stable Health Status; depression	03/02/2021	03/02/2021	Thomas Kennedy
Mobile Psychiatric Nursing	Admitted	02/01/2021		Improved BMI between 18.5-24.0 / current BMI 25.7	05/04/2021	05/04/2021	Deborah Fleetman, BSN, RNC
Mobile Psychiatric Nursing	Admitted	02/01/2021		Relationship Conflict	05/10/2021	05/10/2021	Mary King-Linares, MCAT, LPC, BC-DMT

15. It will then populate your treatment plan as seen below.

Psychiatric Nursing ▾

Bill

Assessment

Authorization Request - PerformCare

Recovery Treatment

Provider Initial TX Letter

Provider Updated TX Letter

Progress Note

OT Notes

Protocols

Discharge Instructions

Discharge Letter

Safety Plan

ons ▾

st ▾

ation Details

Diagnosis: (ICD-10) [Open](#)

Code	Description
Z55.5	Less than a high school diploma
F43.12	Post-traumatic stress disorder, chronic
F31.9	Bipolar disorder, unspecified

Need/Goal/Objectives/Interventions: [My Tx Plan](#) [Populate My Tx Plan](#)

Priority	Problem/Need (Area for Growth and Change)	Freq.	Applicable/ Not Applicable
	Altered thought process r/t		
	<p>Need : Altered thought process r/t</p> <p>Goal 1: Frank will independently explore three new healthy coping strategies to manage stress.</p> <p>Changes: No</p> <p>Status: New (05/17/2023)</p> <p>Objective 1: Practice use of Assertive Communication</p> <p>Changes: No</p> <p>Status: New (05/17/2023)</p>		
	Interventions		
	Nurse will provide education on Mindfulness	q visit	Applicable
	Nurse will assess Verification of oral	prn	Applicable
	Changes: No		

Preliminary Discharge Plan:

Current Providers:

16. Now that the Treatment Plan is completed, complete the 'Preliminary Discharge Plan'. e.g. ("To be able to take care of my children; To be volunteer at local agency; To return to part time work.") *This is what the Client is hoping to achieve.*

17. Complete 'Current Providers'. List all physicians involved in care. e.g. (FMD, Psychiatrist, Psychologist, Therapist).

18. Save as a draft and notify Daniel and Char with an EHR message notifying them of the completion of the Treatment Plan. **ALWAYS** attach the client chart to the email.